

## 船井情報科学振興財団 留学報告書

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## Sushi in Boston

If you are like myself, you might hesitate **studying abroad** because of sushi. I love sushi and I know that I am a stereotypical Japanese person. This summer I was introduced to “all you can eat” sushi. Before moving to the USA I was a little worried about the sushi availability and quality. I had seen sushi on previous visits to the USA, but it was typical “American” sushi: California roll, spicy mayo, volcano roll, etc. I knew that I would be able to eat sushi, but I wasn’t sure how much or how often. It is also expensive in the USA. One visit to a nearby restaurant cost over \$35.00 (around 4,000 yen) for just sashimi, sushi rice and a tuna maki.



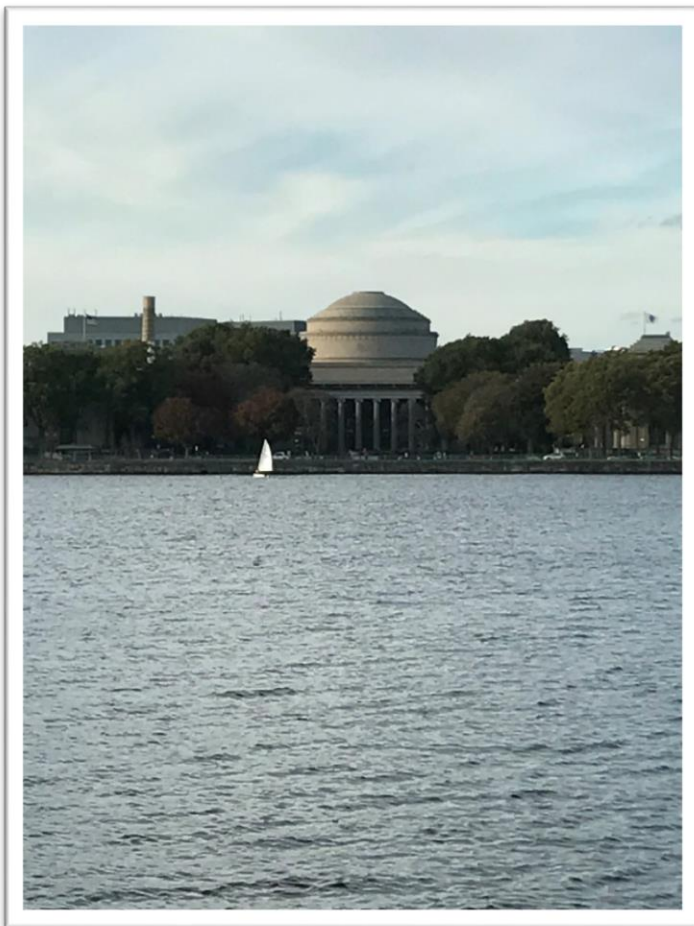
The quality was good, and there were no strange additions, but in Japan I could get 20 pieces of discounted sushi for 600 yen at my local supermarket.

To solve this dilemma I searched online and found out that there are several sushi buffet and all you can eat sushi restaurants in Boston! I wasn’t too sure how it worked because in Japan you can just go to kaiten-

sushi and get all the sushi you want for a decent price. What if the buffet wasn't fresh? What if the sushi was all California roll style?

Here is what was discovered: for a 2 hour time period you can order from a sushi menu, and continue to order for that entire time period, as much sushi as you want. There is both nigiri and maki (sashimi is usually only on the dinner menu). The catch is that you have to eat it all or there is an extra charge.

The items vary depending on if it is lunch or dinner. I have tried a few places around Boston and they are all very good! The quality of fish is very high and feels like the same you can get in Japan. The set price is very reasonable if you can eat a lot! The first time I went with my wife we ate over 50 pieces of nigiri.



## MIT Tsukimi Festival

At the start of the fall semester I went to a Tsukimi festival held on MIT campus. It was really fun and a lot of people attended! At the festival there was food, cultural activities, and Japanese clothing. The food was really good; I had sushi and my wife tried gyudon. There was also handmade takoyaki! The most popular activities seemed to be tea ceremony and Japanese calligraphy (shodo). There were also a lot of people taking photos while trying on yukata and kimono. Someone even was wearing a Pikachu costume!

## Going around Boston

I went exploring around Boston a lot during the summer and start of the fall semester.

I went to see fireworks on the Fourth of July from Memorial Drive.

Memorial Drive is a major road that runs next to the Charles River and it is also very close to MIT. On the Fourth of July the entire street is closed and

people travel from all over Boston to watch the fireworks. This was my first time watching the fireworks from the street and I really enjoyed it. There were also a lot of food vendors, which reminded me of a Japanese summer festival.

One morning my wife and I woke up really early and went to see the sunrise from the

Massachusetts Ave Bridge. After the sun rose we then walked across the river and into downtown Boston.

Not many things were open yet, so we got on the train and went over to the seaport to see the ocean in the morning sunlight. It was very peaceful and we enjoyed breakfast at a hotel near the ocean.

I have also been going jogging around Cambridge and MIT. Jogging is extremely popular here and there are many jogging paths by the Charles River.

I usually choose a new direction each time I go out and see where it leads. I have found many local parks and small hidden nature spots while doing this. There is still a lot to discover in Boston.

